

Notre Dame Academy**Spring Track****'07 Season Best Marks**

Event	Athlete	Result	Date
100 meter	Lillian Allen	13.3	5/9/07
100 meter hurdles	Elaine McColgan	18.8	5/14/07
200 meter	Erin Cahill	27.4	5/9/07
300 meter hurdles	Kristen Florin	52.0	4/30/07
400 meter	Helen Longvall	1:10.0	4/26/07
800 meter	Alyssa Gaudette	2:39.8	5/14/07
Mile	Chelsi Gaffney	6:08	5/12/07
Two mile	Juliette Longvall	13:45	5/21/07
Shot put	Elaine McColgan	35' 3 3/4"	6/5/07
Javelin	Elaine McColgan	119' 11"	4/22/07
Discus	Elaine McColgan	113' 2"	4/30/07
Long Jump	Elaine McColgan	16' 1 1/2"	6/5/07
Triple Jump	Elaine McColgan	33' 2 1/2"	5/14/07
High Jump	Helen Longvall	4' 10"	4/13/07
Pentathlon	Elaine McColgan	2041	6/5/07
4 x 100	Lillian Allen Erin Cahill Gianna Raffa Kristen Florin	54.9	5/12/07
4 x 400	Ellen Papcsy Chelsi Gaffney Helen Longvall Alyssa Gaudette	4:48.6	5/12/07